



Raughton Head CE Primary School - Physical Education Curriculum Yearly Overview

2024-25	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Class 1 (EYFS/Year 1)	Modified team games, hand/eye coordination Tag games	ABC's in isolation and combination Fundamentals of movement and multi- skills	Agility, balance & coordination, movement patterns Dance, movement through music and gymnastics	Dynamic movement involving team games Handball	Dynamic movement through modified games Football Tennis	Developing power & speed Athletics/Bat and ball games Cricket
Class 2 (Year 2/Year 3)	Modified team games, hand/eye coordination Tag Rugby Fencing	Modified games, attacking & defending Basic Basketball Swimming	ABC's in isolation & combination Basic dance, movement through music & gymnastics	Evaluating & recognising success through team games Basic Handball	Dynamic movement through modified games Football skills Tennis	Developing flexibility, speed, strength, power, technique, control & balance Athletics/Bat and ball games Cricket
Class 3 (Year 4/5/6)	Modified team games, hand/eye coordination Tag Rugby Swimming	Modified games, attacking & defending Basketball	ABC's in isolation & combination Dance, movement through music & gymnastics	Evaluating & recognising success through team games Handball	Dynamic movement through modified games Football Tennis	Developing flexibility, speed, strength, power, technique, control & balance Athletics/Bat and ball games Cricket